THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (Autonomous), SIVAKASI.

(Affiliated to Madurai Kamaraj University, Reaccredited with 'A' Grade (3rd Cycle) by NAAC, College with Potential for Excellence by UGC & Mentor Institution under UGC PARAMARSH)

DEPARTMENT OF PHYSICAL EDUCATION

Time: 10 a.m. - 11a.m. Date: 21-06-2021

INTERNATIONAL YOGA DAY WEBINOR ON



Be with YOGA and Be at Home

Chief Patrons

Tmt.Thilagavathy Ravindran, President
Tmt. Aruna Ashok, Secretary

Patron

Dr.T.Palaneeswari, Principal

Convenor

Dr.S.Vijayakumari, Physical Directress
Ms.V.Sasipriya, Asst.Physical Directress

Students Coordinators

T.Maria Anthony Stella - I.B.A. English (R)

I.Shree Devi - I.B.Sc. Nutrition and Dietetics



Resource Person

M.Thiruppathiraja, M.Sc., Yoga Wisdom Teacher, Universal Peace Foundation, Thirumoorthi Hills.

