



The Standard Fireworks Rajaratnam College for Women (Autonomous), Sivakasi.  
(Affiliated to Madurai Kamaraj University, Reaccredited with "A+" Grade by NAAC,  
College with Potential for Excellence by UGC & Mentor Institution under UGC PARAMARSH)

## Department of Physical Education & Health Club

Conducts a Seminar on

# STAY FIT WITH ME

Date: 17.07.2023 Time: 03.30 p.m. to 04.30 p.m.  
Venue: Conference Hall



### Chief Patrons

Tmt. Thilagavathy Ravindran, President

Tmt. Aruna Ashok, Secretary

### Patron

Dr.R.Sudha Periathai, M.Sc.,M.Phil.,Ph.D

Principal

### Resource Person

Dr.N.Raja Jaya Laxmi M.B.B.S

General Practitioner

Sivakasi.



### Organising Secretaries

Dr.S.Vijayakumari, M.Sc.,MBA.,M.P.Ed.,M.Phil.,Ph.D

Physical Directress

Ms.V.Sasi Priya, B.A.M.P.Ed.,M.Phil.,

Assistant Physical Directress

### Students Co-ordinators

M.Subalakshmi II.M.Sc.Botany

A.Kanirathinam II.B.Sc.Maths

All are cordially invited

