



THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS)

SIVAKASI.

(Affiliated to Madurai Kamaraj University, Re-accredited with 'A+' Grade by NAAC, College with Potential for Excellence by UGC & Mentor Institution under UGC PARAMARSH)

DEPARTMENT OF PSYCHOLOGY

presents a workshop in observance of

WORLD MENTAL HEALTH DAY 2025

on the theme

Mind Matters More: Breaking the Myth of 'Cool' Substances



Dr. C. Panneer Selvan

MBBS, MD (Psych), NIMHANS

**Director & Chief Consultant Psychiatrist,
Sneka Mind Care Institute,
Tirunelveli.**



Mr. Arun Selvaraj

**M.Sc., M.Phil. Clinical Psychology
(NIMHANS)**

**Consultant Clinical Psychologist,
Sneka Mind Care Institute,
Tirunelveli.**



15TH OCTOBER 2025

9.30 am – 1.00 pm



**CONFERENCE HALL,
SFR COLLEGE, SIVAKASI.**

Chief Patrons:

*Tmt. Thilagavathy Ravindran
President*

*Tmt. Aruna Ashok
Secretary*

Patron:

*Dr. R. Sudha Periathai
Principal*

Coordinator:

*Dr. K. Muthamil Selvi
Associate Professor & Head
PG & Research Department of English*

Convenor:

*Dr. M. Shapna Yasmin
Assistant Professor & Head
Department of Psychology*

Organizing Secretaries:

*Mrs. M. Sneha
Ms. V. Balakeerthiga
Ms. S. Evelin Rani
Assistant Professors
Department of Psychology*

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