

**THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS),  
SIVAKASI – 626 123.**

(Affiliated to Madurai Kamaraj University, Re-accredited with A Grade by NAAC,  
College with Potential for Excellence by UGC and Mentor Institution under UGC PARAMARSH)

**DEPARTMENT OF PSYCHOLOGY**

**UG / PG / M.Phil DEGREE PROGRAMME IN PSYCHOLOGY**

**PROGRAMME EDUCATIONAL OBJECTIVES**

The Graduates will

PEO1.	advance with the learned knowledge to secure a job or create a profession within the realms of psychology.
PEO2.	develop managerial and entrepreneurial skills that aid them to handle challenging work environments ahead.
PEO3.	innovate ideas to solve problems of the society with the aid of psychological research and publication skills by pursuing a higher education in the field of psychology

**PROGRAMME SPECIFIC OUTCOMES**

By the Completion of B.Sc psychology programme, the learners will be able to

PSO1.	apply psychological knowledge to understand different aspects of human behavior.
PSO2.	critically evaluate the misconceptions or erroneous behavioral claims by analyzing the working knowledge of psychology's content domain
PSO3.	interpret, evaluate, design and conduct basic psychological research.
PSO4.	demonstrate effective writing skills, presentation skills and verbalization skills to actively engage in the academic realm of psychology.
PSO5.	showcase the ability to work as a team/ lead the team under integrative academic platforms.
PSO6.	exhibit ethical standards in evaluating psychological science and adopt values that build an integrative and progressive community at a local, national and global level.
PSO7.	develop a meaningful professional direction for life after graduation

## COURSE OUTCOME

Core / Allied / Elective Course	
<b>Course Code:</b> BDSY11	<b>Course Title:</b> INTRODUCTION TO PSYCHOLOGY
On successful completion of the course, the learners should be able to	
CO1.	describe the basic concepts in psychology
CO2.	identify the scientific methods used in the field of psychology
CO3.	use the knowledge to explain the causes of observable behavior
CO4.	illustrate the various states of consciousness
CO5.	critique the role of attention and perception in influencing human behavior

Core Course	
<b>Course Code:</b> BDSY12	<b>Course Title:</b> BASIC PSYCHOLOGICAL PROCESSES
On successful completion of the course, the learners should be able to	
CO1.	summarize the basic psychological processes involved in Human Behavior
CO2.	give examples about the various factors influencing human behavior
CO3.	apply the concepts underlying the basic psychological processes to real life instances.
CO4.	differentiate the significant contributions of every psychological process in explaining Human Behavior.
CO5.	appraise the theories of psychological processes scientifically.

Allied Course	
<b>Course Code:</b> BDSY1A	<b>Course Title:</b> BIOLOGICAL BASIS OF HUMAN BEHAVIOR
On successful completion of the course, the learners should be able to	
CO1.	summarize the history and methods involved in Physiological Psychology
CO2.	distinguish the anatomy and functions of structures in the nervous system
CO3.	illustrate the contribution of neurons, neurotransmitters and hormones in devising the human behaviour
CO4.	infer the theories of sensation scientifically
CO5.	appraise the significance of sleep and understanding its biological underpinnings

Core Course	
<b>Course Code:</b> BDSY21	<b>Course Title:</b> – CHILD DEVELOPMENT
On successful completion of the course, the learners should be able to	
CO1.	summarize the existing approaches and methods of investigation within the field of Developmental Psychology
CO2.	identify the developmental patterns across the early and middle childhood periods of life.
CO3.	apply the knowledge of developmental issues to understand the prevalence of developmental disorders in human beings.
CO4.	infer the collective role of physical, cognitive and psychosocial development in building a healthy human being.
CO5.	assess the developmental disorders on the basis of the knowledge of the physical, cognitive and psychosocial development.

Core Course	
<b>Course Code:</b> BDSY22	<b>Course Title:</b> – SOCIAL PSYCHOLOGY
On successful completion of the course, the learners should be able to	
CO1.	describe the fundamentals of Social Psychology
CO2.	paraphrase the influence of the social factors in perception of self and others
CO3.	paraphrase the influence of the social cognition and attitudes in explaining human behavior.
CO4.	examine the function of interpersonal relationships in Human life
CO5.	assess the role of individual-societal interaction in explaining human behavior

Allied Course	
<b>Course Code:</b> BDSY2A	<b>Course Title:</b> – PHYSIOLOGICAL PSYCHOLOGY
On successful completion of the course, the learners should be able to	
CO1.	summarize the role of glands on human behavior
CO2.	indicate the biological basis of motivation, emotion, learning and memory
CO3.	construct an understanding of the psycho-physiological interactions in human behavior.
CO4.	distinguish among various existing physiological and psychological measures of nervous system function
CO5.	evaluate the importance of psycho-physiological interactions in understanding psychological disorders.

Core Course	
<b>Course Code:</b> BDSY31	<b>Course Title:</b> ADULT DEVELOPMENT AND AGEING
On successful completion of the course, the learners should be able to	
CO1.	summarize about the characteristic features of adolescence, adulthood and old age.
CO2.	identify and organize the developmental patterns across the periods of adolescence, adulthood and old age.
CO3.	apply the knowledge of developmental issues to understand the prevalence of developmental disorders in human beings.
CO4.	infer the collective role of physical, cognitive and psychosocial ageing in building a healthy human being.
CO5.	assess the developmental disorders on the basis of the knowledge of the physical, cognitive and psychosocial development.

Core Course	
<b>Course Code:</b> BDSY32	<b>Course Title:</b> –SOCIAL BEHAVIOR
On successful completion of the course, the learners should be able to	
CO1.	elaborate on the basic concepts related to groups.
CO2.	summarize the social influences affecting the social behavior.
CO3.	apply the socio-behavioral concepts to explain real life instances.
CO4.	analyze the causes and consequences of aggressive behavior.
CO5.	interpret the pro-social behavior from different theoretical perspectives.

Allied Course	
<b>Course Code:</b> BDSY3AL	<b>Course Title:</b> –EXPERIMENTAL PSYCHOLOGY - LAB
On successful completion of the course, the learners should be able to	
CO1.	demonstrate the psychological instruments and techniques.
CO2.	experiment with measurement of psychological phenomena.
CO3.	apply the theoretical concepts in lab.
CO4.	make inferences on the collected laboratory data.
CO5.	create a lab record report based on the experiment that is performed.

Core Course	
<b>Course Code:</b> BDSY41	<b>Course Title:</b> –PERSPECTIVES ON PERSONALITY
On successful completion of the course, the learners should be able to	
CO1.	predict the development of personality.
CO2.	summarize the used assessment techniques in personality.
CO3.	rate the basic premises of each perspective in personality.
CO4.	compare and contrast the different perspectives within personality domain.
CO5.	critique the disadvantages of the different perspectives within personality domain.

Core Course	
<b>Course Code:</b> BDSY42	<b>Course Title:</b> –RESEARCH METHODOLOGY
On successful completion of the course, the learners should be able to	
CO1.	distinguish the importance of research in psychological sciences.
CO2.	build and define a research problem to work upon
CO3.	make use of the data collection strategies to collect sufficient data aimed
CO4.	identify the sampling techniques to define the sample used in research.
CO5.	illustrate the findings of a research and present it as a scientific report.

Allied Course	
<b>Course Code:</b> BDSY4AL	<b>Course Title:</b> –PSYCHOLOGICAL TESTING - LAB
On successful completion of the course, the learners should be able to	
CO1.	review the development of a psychological test in relevance to the need.
CO2.	associate a psychological test with the relevant psychological concepts.
CO3.	estimate the appropriate application of the psychological test.
CO4.	examine the psychometric properties of a psychological test.
CO5.	interpret the scores of a psychological test and appraise the psychological variable.

Elective Course	
<b>Course Code:</b> BDSY4N	<b>Course Title:</b> –PSYCHOLOGY IN DAILY LIFE
On successful completion of the course, the learners should be able to	
CO1.	outline the importance of psychology in daily life
CO2.	summarize the stages of human development
CO3.	apply personality and learning knowledge to understand the self and the society
CO4.	examine the utility of behavior modification techniques
CO5.	interpret the application of psychology in various fields

Discipline Specific Course	
<b>Course Code:</b> BDSY4DS	<b>Course Title:</b> –STRESS MANAGEMENT
On successful completion of the course, the learners should be able to	
CO1.	Illustrate the concept and symptoms of stress.
CO2.	outline the causes of stress.
CO3.	apply the concepts of stress to human health domains.
CO4.	examine the functions of perception interventions to tackle with stress.
CO5.	appraise the other interventions to tackle with stress.



Core Course	
<b>Course Code:</b> BDSY51	<b>Course Title:</b> –ABNORMAL PSYCHOLOGY I
On successful completion of the course, the learners should be able to	
CO1.	define the domains of abnormality in human behavior.
CO2.	summarize the major perspectives to understand the abnormal behavior.
CO3.	apply the concepts of abnormality to understand the psychological disorders.
CO4.	examine the diagnostic criteria of the psychological disorders.
CO5.	critique the classification system of diagnostic disorders in the mental health domain.

Core Course	
<b>Course Code:</b> BDSY52	<b>Course Title:</b> –REHABILITATION PSYCHOLOGY
On successful completion of the course, the learners should be able to	
CO1.	summarize the types of disabilities.
CO2.	associate the disabilities with the Person with Disabilities Act.
CO3.	apply the knowledge on role of rehabilitation psychologist to understand disabilities.
CO4.	examine the important psychological assessments of persons with disabilities.
CO5.	appraise the different legislation provision available to PWD

Core Course	
<b>Course Code:</b> BDSY53	<b>Course Title:</b> –STATISTICS IN PSYCHOLOGY
On successful completion of the course, the learners should be able to	
CO1.	explain various concepts of central tendency and dispersion
CO2.	associate the chi-square test, correlation and regression to psychological research studies
CO3.	apply the statistical analysis methods to understand the psychological phenomenon
CO4.	solve problems related to the measures of central tendency, dispersion and other statistical methods
CO5.	interpret data using the parametric and non-parametric tests

Core Course	
<b>Course Code:</b> BDSY5V	<b>Course Title:</b> –INTERNSHIP/ON-THE-JOB TRAINING
On successful completion of the course, the learners should be able to	
CO1.	relate the class room theory with work place practice
CO2.	apply the practices / procedures observed in real time working environment
CO3.	analyze the work flow and communication flow prevailing in the Institution /industry
CO4.	assess interests and abilities in their field of study
CO5.	propose strategies, policies and guidelines for enhancing efficiency of industrial/institutional operations

Elective Course	
<b>Course Code:</b> BDSY5E1	<b>Course Title:</b> –POSITIVE PSYCHOLOGY
On successful completion of the course, the learners should be able to	
CO1.	summarize the basic assumptions of positive psychology.
CO2.	associate the positive emotions with the respective theoretical frameworks.
CO3.	apply the concept of resilience to the real-life scenarios.
CO4.	examine the importance of forgiveness in a human's well-being.
CO5.	appraise the role of spirituality within the realms of well-being.

Elective Course	
<b>Course Code:</b> BDSY5E2	<b>Course Title:</b> –EDUCATIONAL PSYCHOLOGY
On successful completion of the course, the learners should be able to	
CO1.	outline the nature and methods of investigation within Educational Psychology.
CO2.	compute the role of guidance in a student's life.
CO3.	plan motivational strategies to encourage a student within learning domains.
CO4.	illustrate the function and importance of creative thinking in a student's life.
CO5.	critique the existing teaching approaches in the lines of relevance to catering a student's needs.

Elective Course	
<b>Course Code:</b> BDSY5E3	<b>Course Title:</b> –INTRODUCTION TO INDIAN PSYCHOLOGICAL THOUGHT
On successful completion of the course, the learners should be able to	
CO1.	discuss the core components of an Indian psychological thought.
CO2.	summarize the basic Indian perspectives in psychological sciences.
CO3.	develop and use the self-development knowledge to understand the meaning behind one's life.
CO4.	examine the role of Karma in regulating the human behavior.
CO5.	assess the utility of Indian approaches in the field of psychology.

Elective Course	
<b>Course Code:</b> BDSY5E4	<b>Course Title:</b> –HEALTH PSYCHOLOGY
On successful completion of the course, the learners should be able to	
CO1.	summarize the basic concepts of health psychology.
CO2.	give examples within the theoretical models of health psychology.
CO3.	predict the role of stress appraisals in the health domains.
CO4.	infer the struggles within chronic health condition and devise a treatment strategy with pain management strategies.
CO5.	appraise and conclude the effective methods to prevent illness and to promote wellness.

Elective Course	
<b>Course Code:</b> BDSY5N	<b>Course Title:</b> –PSYCHOLOGY AND MENTAL HEALTH
On successful completion of the course, the learners should be able to	
CO1.	outline the basic concept and importance of mental health
CO2.	illustrate the mental distress like anxiety, depression and suicide
CO3.	apply the different interventions to the needed people
CO4.	analyze the adolescence and young adults' stigma about mental health
CO5.	evaluate the mental health disorders and diagnosis

Core Course	
<b>Course Code:</b> BDSY61	<b>Course Title:</b> ABNORMAL PSYCHOLOGY - II
On successful completion of the course, the learners should be able to	
CO1.	classify the disorders with respect to the diagnostic classification.
CO2.	summarize the causes and prognosis of the disorder categories.
CO3.	employ the existing treatment options for the disorders.
CO4.	identify the different types within the spectrum of sexual abuse.
CO5.	appraise the different types of personality disorders.

Core Course	
<b>Course Code:</b> BDSY62	<b>Course Title:</b> COUNSELLING PSYCHOLOGY
On successful completion of the course, the learners should be able to	
CO1.	describe the importance of counselling in mental health.
CO2.	explain the theoretical models within counselling psychology.
CO3.	make use of the theoretical perspectives in defining different areas of counselling.
CO4.	examine the basic skills required to conduct a counselling process.
CO5.	assess the proceedings of counselling process and formulate a case report.

Core Course	
<b>Course Code:</b> BDSY63	<b>Course Title:</b> ORGANIZATIONAL BEHAVIOR
On successful completion of the course, the learners should be able to	
CO1.	understand the fundamental terms, principles and concepts of behavioral issues in an organizational context.
CO2.	discuss the group behavior in organization include group goals and group dynamics.
CO3.	discover the Leadership and Motivation among classic studies.
CO4.	analyze the organizational culture, organizational development and intervention techniques.
CO5.	appraise the importance of behavior of individuals in approaches like trait approaches.

Core Course	
<b>Course Code:</b> BDSY6P	<b>Course Title:</b> PROJECT
On successful completion of the course, the learners should be able to	
CO1.	review the appropriate literature for framing the research problem.
CO2.	evaluate the psychometric properties of a psychological test/tool to check its appropriateness to the research application.
CO3.	collect data from a sample of targeted population in attempts to find explanations to the research problem.
CO4.	analyze the collected data using statistical methods and generate conclusions.
CO5.	infer the findings from the analysis and document the findings in an APA report format.

Elective Course	
<b>Course Code:</b> BDSY6E1	<b>Course Title:</b> –FORENSIC PSYCHOLOGY
On successful completion of the course, the learners should be able to	
CO1.	summarize the history and scope of forensic psychology.
CO2.	outline the role of a forensic psychologist.
CO3.	illustrate the validity and accuracy of the eyewitness testimonies.
CO4.	make use of profile analysis to understand the crime and the motives behind the crime.
CO5.	defend and conclude the importance of forensic psychology in the society.

Elective Course	
<b>Course Code:</b> BDSY6E2	<b>Course Title:</b> –COGNITIVE PSYCHOLOGY
On successful completion of the course, the learners should be able to	
CO1.	outline the approaches and current trends within cognitive psychology.
CO2.	summarize the attention and perception process from the perspective of cognitive psychology.
CO3.	make use of the knowledge about cognition to understand human behavior.
CO4.	compare and contrast among different theories of memory.
CO5.	determine the influence of cognitive maps on cognitive processing.

Self Employment Course	
<b>Course Code:</b> BDSE71	<b>Course Title:</b> –EVENT PLANNING
On successful completion of the course, the learners should be able to	
CO1.	outline a plan for an event.
CO2.	summarize from the data collected to enhance the event better.
CO3.	analyze the different kinds of needs that are required to be catered during an event.
CO4.	illustrate basic interpersonal skills required for event planning.
CO5.	evaluate the on-site preparations of the event successfully.



Self Employment Course	
<b>Course Code:</b> BDSE71L	<b>Course Title:</b> EVENT PLANNING - LAB
On successful completion of the course, the learners should be able to	
CO1.	deal with the necessary guidelines and procedures to coordinate, execute and evaluate a special event
CO2.	implement a successful event from conception of a plan to the implementation of the event
CO3.	apply interpersonal skills to aid in the process of event planning
CO4.	device a strategy to work towards the success of the event
CO5.	evaluate the success of the event